

WEST CENTRAL ELEMENTARY SCHOOL

AUGUST– DECEMBER 2022 BREAKFAST & LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 11-12 Aug 29– Sept 2 Sept 19-23 Oct 10-14 Oct 31– Nov 4 Nov 21-25 Dec 12-16	Mini Waffles Orange Chicken w/ Brown Rice Candied Carrots Fortune Cookie	Muffin w/ Cheese Stick Beef Teriyaki Bites w/ Soft Pretzel & Cheese Roasted Broccoli	Stuffed Mini Bagel Macaroni & Cheese w/ Breadstick Grilled Brussel Sprouts	Egg & Cheese Sandwich Quesadilla Refried Beans Baked Fries	Mini Cinnis Fish & Cheese Sandwich Buttered Corn
Aug 15-19 Sept 5– 9 Sept 26-30 Oct 17-21 Nov 7-11 Nov 28– Dec 2	PopTart Mini Pancakes w/ Sausage Patty Fruitable Vegetable Juice	Yogurt w/ Granola Walking Taco Fiesta Black Beans	Filled Crescents Spaghetti w/ Breadstick Seasoned Green Beans	Mini French Toast Chicken Sandwich Potato Wedges Sunchips	WG Donut Mini Corn Dogs Broccoli & Cheese
Aug 22-26 Sept 12-16 Oct 3-7 Oct 24-28 Nov 14-18 Dec 5-9	Mini Pancakes Max Mozzarella Filled Breadsticks w/ Marinara Sauce Buttered Corn	Biscuit & Gravy Chicken Nuggets w/ Dinner Roll Mashed Potatoes	Cereal Bar & String Cheese Breaded Pork Sandwich Baked Beans Apple Crisp	Cinnamon Filled Pretzel Pepperoni Calzone Seasoned Broccoli Cookie	Benefit Bar Hot Ham & Cheese Sandwich Parmesan Potatoes
Additional Entrees Available	Hamburger Cheeseburger	Grilled Cheese Sandwich Chef Salad w/ Croutons & Goldfish Crackers	Hot Dog Chef Salad w/ Croutons & Goldfish Crackers	Yogurt w/ String Cheese & Cereal Lunch Chef Salad w/ Croutons & Goldfish Crackers	Pizza
First Day of School: August 11 Days Off: Sept 5 Oct 20-24 (Fall Break) Nov 23-25 (Thanksgiving Break) Dec 19– Jan 2 (Christmas Break)	<p>Breakfast: Fruit & 100% Fruit Juice Available Daily</p> <p>Milk Choices available with all meals: 1% Chocolate & 1% White</p> <p>Variety of Fruits & Vegetables available daily with lunch.</p> <p>Menu is subject to change without notice due to supply chain shortages.</p> <p>This institution is an equal opportunity provider.</p>				