

MAY | 2021

MSHS Trojan Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork BBQ OR Country Fried Steak/Gravy OR Salad Choices Dinner Roll Mashed Potatoes Variety Veggies /Ranch Mandarin Oranges/Cherries/Applesauce Fresh Baked Cookie Milk	4 Beef Taco OR Chicken Fajita with toppings OR Salad Choices Mexican Rice Refried Beans Variety Veggies /Ranch Pears/Raisins/Apple Slices Milk	5 Cheese Pizza Chicken Quesadilla/Salsa OR Salad Choices Green Beans Baked Potato Variety Veggies /Ranch Blueberries/Peaches/Craisins Milk	6 Chicken Smackers/Sauce OR Bosco Sticks/Marinara OR Salad Choices Doritos Green Beans Variety Veggies /Ranch Fresh Pineapple/Sorbet Cup Milk	7 Cheese Lasagna Roll Up with Garlic Breadstick OR French bread Pizza OR Salad Choices Corn Variety Veggies /Ranch Peaches/Cherries Homemade Apple Crisp Milk
10 Philly Steak Sandwich OR Mozzarella Sticks/Marinara OR Salad Choice Roasted Flavored Potatoes Variety Veggies/Ranch Frozen Fruit Cup/Pears/Orange Wedges Milk	11 Orange Chicken with Rice OR Calzone OR Salad Choice Steamed Broccoli Variety Veggies /Ranch Grapes/Raisins/Blueberries Milk	12 Chicken Tenders/Roll/Sauce OR Bacon Cheeseburger on Brioche Bun OR Salad Choice Mayo/Ketchup/Mustard Potato Wedges/Variety Veggies Tomato slices/Side salad/Ranch Applesauce/Peaches/Craisins Milk	13 Hot Dog w/ Coney Sauce OR Ham & Cheese Hot Pocket OR Salad Choice Ketchup/mustard Curley Fries/Ketchup Variety Veggies /Ranch Apple Slices/Pineapple/Raisins Milk	14 Mac & Cheese/Breadstick OR Pepperoni Pizza OR Salad Choice Baked Beans Grilled Mushrooms Variety Veggies /Ranch Pears/Slushy/Cherries Milk
17 Memphis BBQ Bowl OR Chicken Sandwich OR Salad Choices Ketchup/Mustard/Mayo Parmesan Potatoes Variety Veggies /Ranch Applesauce/Orange Wedges Milk	18 Beef Teriyaki Bites with Pretzel Bites/Cheese Sauce OR Hot Ham & Cheese OR Salad Choices Sidewinders/Ketchup Variety Veggies /Ranch Raisins/Grapes/Banana Milk	19 Sausage Patties OR Cheese Omelet OR Salad Choices French toast/syrup Emoji Shapes/Ketchup Variety Veggies /Ranch Cinnamon Roll Frozen Fruit Cup/Cantaloupe/Apple Slices Milk	20 Cheeseburger OR Tenderloin Sandwich OR Salad Choices Ketchup/Mustard/Mayo Baked Beans/Dill Pickles Tomato Slices/ Variety Veggies /Ranch Clementine/Applesauce/Kiwi Milk	21 BBQ Chicken Flatbread OR Pizza Bosco Stick OR Salad Choices Grilled Brussel Sprouts Variety Veggies /Ranch Apple Slices/Pineapple/Blueberries Milk
24 COOK'S CHOICES	25 COOK'S CHOICES	26	27	28
31	1	2	3	4

News
 This institution is an equal opportunity provider

This menu may change based on the items that we are able to purchase during this time.

We are providing meals for the month of June . They will be available for pick up each Wednesday starting MAY 26.

Check out the website in May for more details.